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ADHD

Does It Really Exist?

 For many years the subject on attention deficit hyperactivity disorder also known as ADHD has been in question to whether it exist or is just something many people think is real. Although there are supporting evidence that it does exist many people believe that there are other explanations that dismiss that evidence. I think that there is more to this subject as to whether siding with it or against it.

 Evidence that supports ADHD exist has been provided by many scientist. There has been numerous experiments and research that prove that ADHD is a condition that affects psychological abilities. Many Scientist believe that ADHD is linked to specific areas of the brain. Another aspect that like this was found in studies twins both fraternal and identical. Scientist believe that this disorder is genetic and is inherited but they also state that other factors do play a role such as the environment were the child is raised. It is believed that in order to take control of ADHD the best way is medication being that many see this an and unkind disorder that needs to be aided. I believe that the evidence they give for ADHD is strong and that it is something that should not be ignored. As well as I believe that it has various solutions as to how it should be taken care of. I also think that much more research should be done to find different solutions to giving help to those that struggle with ADHD.

 As well as there being people who believe ADHD is a disorder there is also many people and scientist who would argue that it is nothing more than behaviors that one goes through and is simply part of growing up. Many scientist asked themselves that if the scientist appealing ADHD was real then why did they have to go out and create a consensus to prove it. The reading says “There are no cognitive, metabolic, or neurological markers for ADHD and so there is no such thing as a medical test for diagnosis.” And this is supported by a federal report that stated that there was no claim that supported that ADHD was a brain disorder.

 Another argument is the medication that is given o children that are diagnosed with ADHD. They claim that the medication given to the diagnosed kids had the same effect on the kids that were never diagnosed or treated for ADHD. They also claim that by giving medication to a child they might interpret it in a bad way and eventually believe that they themselves cannot function without these pills. Lastly they believe that this current widespread of ADHD had to do more with our current expectation on how children develop. People need to understand that no one is at blame for a child behavior and that it is something that needs to be taken care of versus trying to find an easy exit rout.

 I don’t think that ADHD is not real. I believe it does exist but to a point. I believe that there is lots of factors that need to be considered before some can be diagnosed with this disorder and given drugs to take care of the problem. I have a cousin that at 7 years old was “diagnosed” with ADHD. Many doctors advised my aunt that he need to take medication to keep him calm and help him out on a daily basis and throughout his schooling time. My aunt refused to give him drugs because she believed that that was not the way to deal with the situation. She simply became stricter with him and was consistent in disciplining him when necessary. Now my cousin is 15 he is high school and is as normal as any other kid.

 It is because of this that I feel that ADHD is more of a behavioral state that can be worked on to fix it and not a disorder that needs to be fixed by giving medication to children. It is as the reading said “Because ADHD involves childlike behavior, some people have wondered if this diagnosis is a sign that childishness is no longer tolerated in our culture, even in children.” To me this personally is like the parents don’t want to take responsibility and are choosing the easy way out.